



# Sunset Elementary School

# NEWS

October 2018

Check out our website at [www.sunsetschool.ca](http://www.sunsetschool.ca)

## Principal's Message

## 'magwabo'yi - Round Moon (underneath)

### Gilakas'la

Gilakas'la

September has been a busy month at Sunset! We hosted Tour De Rock when they were in town and donated at total of \$559 to finding a cure for cancer. Later that same week, students and staff took to the streets for our Terry Fox Run/Ride. Thank you to Constable Croy for joining us and making sure we all got across our main roads safely. We managed to raise \$200 for the Terry Fox Foundation, meaning that Sunset students and staff raised a total of \$759 for cancer research in September.

I also would like to point out that each new year comes with new students and new needs. As published in our first newsletter and on our Facebook page, Sunset is a nut free school. We have students in our school now with tree nut allergies and we must keep them safe. Food allergies are a concern amongst health providers in Canada and allergic reactions can be life threatening. For these reasons, please do not send your children to school with foods which contain nuts.

Finally, you may soon hear your child tell you that "Sunset ROCKS". This is our new slogan (thank you, Ms. Purdey). ROCKS stands for Respect, Ownership, Courage, Knowledge, and Safety. Please talk with your children about what each quality means and what it looks like. We are looking forward to a great year!

Kelly Amodeo

# Sunset Rocks

A reminder that Sunset School is a **Scents Free Zone**. Students and visitors to the school please refrain from using scented products while on Sunset property.



## Nut-Free Zone



Please do not bring any products containing nuts (peanuts or tree nuts) into area.

Thank you for helping to keep our children safe.



A reminder that this year Sunset School is a Nut free school. Parents should refrain from sending any food items containing any nut products. Please read labels



- Oct 8.....Thanksgiving (No School)
- Oct 11.....ABC Ventriloquist Performance
- Oct 18.....Hot Dog Day
- Oct 19..... School Based Pro-D (No School)
- Oct 24.....Cross Country in Sointula
- Nov 5..... School Picture day 9:00 am
- Nov 12..... Remembrance Day
- Nov 23..... School Based Pro-D

## Tour de Rock

Students had the chance to throw a whipped cream pie at a teacher/principal. We provided a huge Sunset send-off and cheque presentation to the riders when they came to our school on Monday, October 1st.

A huge shout out to Ms. Amodeo, Mr. Mollinga and Mr. Ogren for being the pie targets!



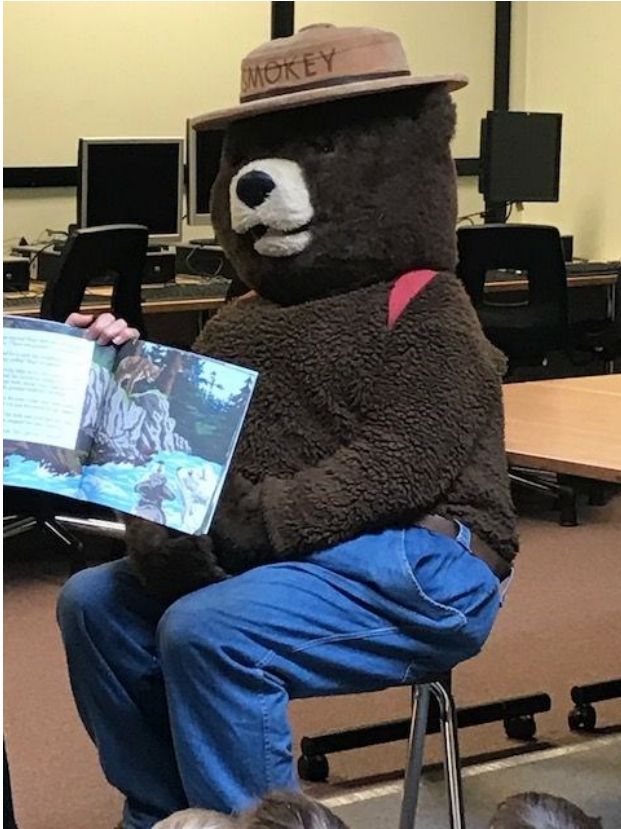
Sunset School raised \$559 in total for the Tour de Rock riders when they showed up at our school. Thanks to all the parent, students, teachers and our wonderful community who donated so generously.

### **Sunset Rocks!**



A huge thank you to **Island foods** and **IGA** for the donation of whipping cream for our tour-de-rock fundraiser.





Smokey the Bear was at Sunset to tell our students about Fire Prevention Week. Thank you to the Forestry office for bringing Smokey for a visit.



### Dress for the Weather

Be sure to dress your children for the weather as we do go outside when it rains sometimes. Also, it is important that your children have a change of clothes at school for those days when they need something dry to change into.



### VOLUNTEER Reading Tutors Wanted

You can help a struggling young reader by volunteering as a **ONE-to-ONE Reading Tutor** for 2 or 3 hours a week at Sunset.

Training will be in early October so if interested please call Sunset School and leave your name with the secretary.  
250-956-4434



One of our intermediate students showing off a new light that was donated to the focus room.



## PAC

Happy Thanksgiving to you and your family. I just wanted to remind everyone that chicken orders are due on October 10th. Come out for PAC meetings and be entered to win a \$25.00 IGA gift card. For every meeting you attend we will put your name in for a draw in February. Our next meeting is being held November 5th at 6:30 in the library at sunset elementary. We discuss fundraising ideas, and other different items for our kids to have an enjoyable school year.

Matt Rydalch  
PAC Chair

## SCHOOL COUNSELLING SERVICES

**Angela Hagen, District Elementary School Counsellor, School District 85 Vancouver Island North**

**DEAR PARENTS AND GUARDIANS,  
Welcome back to School! Happy "New Year"**

At Sunset Elementary School, the district Elementary School Counsellor provides counselling services every Tuesday (January-June, I will be here on Mondays instead.)

Before counselling services can begin, written consent is required. EVERY COUNSELLING STUDENT, even those who received counselling services last year, **needs to be referred for services again this year**, with a new 2018-2019 referral form. Please ask at the office for a **Counselling Referral form**.

### **HERE IS SOME HELPFUL INFO ABOUT SCHOOL COUNSELLING:**

- The focus of school counselling is to enhance children's development, help promote a supportive school culture, and empower students toward positive change. The Elementary School Counsellor works with children who are having personal or social difficulties.
- **Counselling services generally include 3 to 7 school counselling sessions, approx. 30 min. each.** The counsellor will be contacting the parent periodically to discuss the child's progress.
- Follow-up, if needed, may include periodic check-ins, or referral to community mental health agencies.
- Counselling sessions are viewed as private times for children to express personal feelings through methods such as open discussion, play, art, and writing. It is important that children regard time with the counsellor as safe and confidential.
- In instances where the child's safety or harm to others is a concern, the school counsellor is obligated to help support children and families by accessing the appropriate community agencies.
- School counsellors provide a variety of preventative, developmental, remedial, and intervention services and programs, and facilitate referral to community resources when necessary. While many of the concerns students are dealing with can be managed at the school level through individual, small group or classroom interventions, it may be necessary to work with families in pursuing a referral to other agencies for the supportive services required.

**Feel free to contact me if you have any questions regarding school counselling.**

**Angela Hagen**

CONTACT INFO: [ahagen@sd85.bc.ca](mailto:ahagen@sd85.bc.ca)    **Sunset School: 250-956-4434**